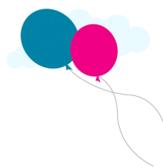




SEND Information, Advice and Support Service (SENDIASS)

AUTUMN 2018 NEWSLETTER

OUR SERVICE



The start of the new school year seems a good time to remind everyone of who we are and how we can help parents of children with special educational needs and disabilities and young people.

Our aims are to provide information and support to parents, children and young people to participate fully and make informed decisions about the outcomes they wish to achieve. We aim to ensure the views, wishes and feelings of the child or young person and their parents are heard and valued by all.

We offer:

- A confidential helpline for parents/carers;
- Written information in a variety of formats;
- Help to complete forms relating to EHC Plans and to understand complex reports and documents;
- Support at meetings or when visiting schools;
- Support through the statutory assessment process for an Education Health Care Plan.

If you are a school and would like to know more about how we can work with you or would like details of the training that we offer (at no cost to your school), please contact us on 01983 825548 or email sendiass@iow.gov.uk

SENDIASS is a free service and our contact details are on the back page of this newsletter.

Inside this issue

SEAP	2
Update from SEND IASS Young People's contact	
Parents need support too.	3
News from the SEN Assessment & Review team	3
Jargon Buster	4
SEND IASS quick read guides	5
Anxiety disorders in children	
Pan Together One Stop Shop	5



Two Island-based advocates, both with more than 10 years experience in health complaints advocacy, provide support for NHS patients who have concerns and questions about the care they have received.

This support includes informing them of their rights and options under the NHS complaints procedure and helping them to write letters and attend meetings with

the Isle of Wight NHS Trust, GP and dental surgeries, pharmacies, opticians and mental health services. By doing so they have been able to help patients obtain answers about their treatment and improve the NHS.

Because we are commissioned by the Isle of Wight Council the service we provide is free to all NHS patients. We provide a completely confidential service and are independent from the NHS.

The NHS recognises that the only way to improve their service is for patients to inform them of any problems they face. We can help you do that.

If you have concerns about care you have received, please contact SEAP on 0330 440 9000 or info@seap.org.uk. If you would like to speak to an advocate directly, please contact Cherie Gallin on

Mobile: 07711179760 or cherie.gallin@seap.org.uk

For more information visit

www.seap.org.uk/services/nhs-complaints-advocacy



NEWS FROM TANIA BURNETT—SEND IASS YOUNG PEOPLE'S CONTACT



I am here to support you !

I'd like to take this opportunity to update you on how I've been developing our service to enable accessible support for young people as effectively as possible. I have been in post since May 2017 and offer impartial advice and support to young people aged 14 to 25yrs who have SEN and are in education / training or indeed would like support and advice to engage in education/work.

I am happy to meet with you at the SEND IASS office, and I also run a drop-in session on the 1st Tuesday of the month at County Hall between 2pm and 5 pm in partnership with the Youth Offending Team .

I attend the Newport Youth Café once a month on the 1st Wednesday of the month between 4.30pm and 6pm, this is based at St Pauls Church Hall, School Lane, Newport. I also attend the Pan Drop once a month on a Friday afternoon based at the Isobel Centre, Pan Estate, Newport.

Feel free to contact me or drop in and say hello.

You can contact me via our SENDIASS Facebook page, by phone on 01983 825548 or text on 07837094359.

PARENTS NEED SUPPORT TOO

Jo Griffin is a Chartered Counselling Psychologist and the Founder of Affinity Hub which provides emotional support to parents of children with special needs. In the latest edition of the SEN magazine she looks at ways to help manage the stress of parenting a child with SEN and disabilities



"Becoming a parent can be a demanding as well as a rewarding experience. For parents of a disabled child, the additional uncertainty and challenges they face can make them more vulnerable to increased stress and reduced emotional wellbeing.

A child comes with many associated dreams and aspirations in the minds of parents. The reality of having a disabled child may mean that some of those hopes and expectations are not realised, and a period of adaption and even mourning may be necessary. The emotional journey to place of acceptance is possible and many parents report positives in relation to bringing up a disabled child, but it is not always an easy road and help may be necessary along the way. Additional pressures, such as fighting for support and limited resources, can exacerbate the feeling of being overwhelmed by a 'pile-up of demands'.

Through my own experience of having a son with complex needs, and my professional roles with a number of disability charities, I have spoken to many other parents who report the same challenges, stressors and sense of being alone. Often, what parent-carers need isn't necessarily an answer (and there may be no easy answer) but an acknowledgement that the situation is difficult, and compassion and understanding from the professionals with whom they come into contact".

To read the full article go to: senmagazine.co.uk



News from the SEN Assessment & Review Team



Some of you will already be aware that the Assessment and Review Team within the council has undergone a number of changes recently, including a change of staff. This team oversees EHC Plans. The team now includes the following people: Alistair Hines (Senior Special Needs Officer), James Ranson & Joel Spencer (SEN Casework Officers), Glenn Bailey and Maria Williams (SEN Casework Assistants). We also have Nadia McGarry (Principal Casework Officer) with us temporarily.

Not only has the staffing changed but some of our processes are changing also. Over the next few months we will be working with SENDIASS and Parent Voice to review all of our paperwork, letters etc. and eventually will be moving a lot of them online to the IWC website. This will make things much quicker for parents and young people, while also ensuring things come into us for processing quickly.

The next big step for the SEN Team this term is to begin our phase transfer process for people going from nursery into primary, primary to secondary and secondary into further education. As always, you can look for up to date information on the Isle of Wight Council local offer.

Alistair Hines
Senior Special Needs Officer (Team Leader)
SEN Assessment & Review Team

JARGON BUSTER

0-25 Special Educational Needs & Disability (SEND) Code of Practice

A guide to tell local authorities what they need to do to work within the law and provide support for students with Special Educational Needs and Disabilities.

ALTERNATIVE PROVIDERS

Organisations that provide services to people but are not funded by the government, for example private care organisations.

ADDITIONAL LEARNING SUPPORT

This is what colleges and training placements call special educational needs.

CHILDREN AND FAMILIES ACT 2014

A new set of laws that the government introduced in September 2014. This includes changes that affect how disabled children, young people and families get the services and support they need.

ADVOCATE

An independent person or organisation who will give children and young people information or support to make a decision.

FRAMEWORK

A set of rules that show how something should happen.

DISAGREEMENT RESOLUTION

A way to try and resolve an argument with your school/college or the local authority if you want to change the learning support you are getting.

PERSON CENTRED PLANNING

A way of planning services based on what the person using them wants and cares about.

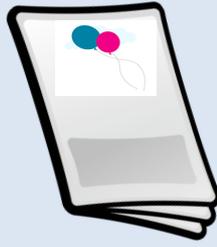
SHORT BREAKS

Opportunities for disabled children and young people to spend time away from their family and do something fun. For example a day, evening, overnight or weekend activity.
(information can be found on the Local Offer website: iow.gov.uk)

SEND IASS quick read- guides

We have a new supply of quick- read guides which include;

- SEN Support
- Personal Budgets and Direct Payments
- Education, health & care assessments
- What is an EHCP?



Please call the SEND IASS office if you would like a copy of one of these guides.

ANXIETY DISORDERS IN CHILDREN

information from www.nhs.uk/conditions/anxiety-disorders-in-children

Symptoms of anxiety in children

- Finding it hard to concentrate
- Not sleeping, or waking in the night with bad dreams
- Not eating properly
- Quickly getting angry or irritable, and being out of control during outbursts
- Constantly worrying or having negative thoughts
- Feeling tense and fidgety, or using the toilet often
- Always crying
- Being clingy
- Complaining of tummy aches and feeling unwell

How to help your anxious child

If your child is having problems with anxiety, there's plenty you can do to help. Above all, it's important to talk to your child about their anxiety or worries.

There are some really helpful tips for parents for dealing with anxiety problems in children on www.nhs.uk/conditions/anxiety-disorders-in-children

Isle of Wight
Learning Centre
01983 532769



Pan Together



If you have a concern or worry the One Stop Shop sessions running at the Downside Centre every Friday will be able to help. The aim is that whatever is your concern there will somebody there to help. These sessions will run every Friday from 10am till 2pm and if the right person isn't in the room we will make sure that you can get in contact with them.



The One Stop Shop continue to be well supported. So, a big thanks to all who are coming along to make this a valued community resource.

To be kept informed of who will be attending and when please contact the Centre and we will add you to our mailing list



The SEND IASS Service offers impartial information, support and advice to parents and carers of children who have special educational needs and disabilities on the Isle of Wight. This newsletter is produced termly by SEND IASS and distributed to parents, schools, voluntary groups and professionals—please share with parents and colleagues.

The views and opinions expressed in this newsletter are not necessarily those of the Isle of Wight SEND IASS Service.

How to contact us: SEND Information, Advice and Support Service, 11 Orchard Street,
Newport, Isle of Wight PO30 1JZ

Telephone: (01983) 825548 / email: sendiass@iow.gov.uk / website: iowsendiass.co.uk /

Facebook: [@iowsendiass.co.uk](https://www.facebook.com/iowsendiass.co.uk)

